

Family Therapy Center of Northern Virginia, llc

44081 Pipeline Plaza
Suite #225
Ashburn, VA 20147
www.FamilyTherapyNova.com
Director, Gabrielle Anderson, lmf 703.350.1346

Client Information Form: Couples

Significant Other #1: _____

Address: _____

_____ Ok to mail items? Y/N

Home Phone: _____ OK to leave message? Y/N

Cell: _____ OK to leave message Y/N ... Do you text? Y/N

Place of employment: _____

Position: _____

E-mail address _____ Checked regularly? _____

Do you want auto-reminders of appointments? Y/N... If Yes, by text or email?

(Circle one) If text, who is the cell phone carrier? _____

Date of birth: _____

Emergency contact: _____

Relationship to client: _____ Phone: _____

Please list any medications you currently take & why: _____

Will you file for reimbursement? Y/N ...If yes, which spouse will be "the patient"?

Who referred you? _____ May I thank them? Y/N

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(Significant other #1)

Symptom Checklist (please circle the appropriate response) Past = over 2 months ago

- 1. Trouble falling asleep.....Current Past Never
- 2. Trouble remaining asleep.....Current Past Never
- 3. Trouble getting out of bed.....Current Past Never
- 4. Loss of appetite.....Current Past Never
- 5. Excessive hunger.....Current Past Never
- 6. Bingeing/purging.....Current Past Never
- 7. Restrictive eating.....Current Past Never
- 8. Excessive exercising.....Current Past Never
- 9. Trouble concentrating.....Current Past Never
- 10. Excessive worrying.....Current Past Never
- 11. Frequent tearfulness.....Current Past Never
- 12. Feelings of sadness.....Current Past Never
- 13. Irritability.....Current Past Never
- 14. Physical aggression towards others.....Current Past Never
- 15. Victim of physical aggression.....Current Past Never
- 16. Use of drugs/alcohol that is excessive.....Current Past Never
- 17. Use of drugs/alcohol that worries others.....Current Past Never
- 18. Hearing voices that others do not hear.....Current Past Never
- 19. Seeing things others do not see.....Current Past Never
- 20. Suicidal thoughts/attempts.....Current Past Never
- 21. Self-harm thoughts/actions.....Current Past Never
- 22. Homicidal thoughts/attempts.....Current Past Never

Please briefly describe why you are seeking therapy today:

Please list any additional info: _____

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Client Information Form: Couples

Significant Other #2: _____

Address: if same, leave blank _____

Home Phone: _____ OK to leave message? Y/N

Cell: _____ OK to leave message Y/N ... Do you text? Y/N

Place of employment: _____

Position: _____

E-mail address _____ Checked regularly? _____

Do you want auto-reminders of appointments? Y/N... If Yes, by text or email?

(Circle one) If text, who is the cell phone carrier? _____

Date of birth: _____

Emergency contact: _____

Relationship to client: _____ Phone: _____

Please list any medications you currently take & why: _____

Family Therapy Center Of Northern Virginia, llc

(Significant other #2)

Symptom Checklist (please circle the appropriate response) Past = over 2 months ago

- | | | | |
|---|---------|------|-------|
| 1. Trouble falling asleep..... | Current | Past | Never |
| 2. Trouble remaining asleep..... | Current | Past | Never |
| 3. Trouble getting out of bed..... | Current | Past | Never |
| 4. Loss of appetite..... | Current | Past | Never |
| 5. Excessive hunger..... | Current | Past | Never |
| 6. Bingeing/purging..... | Current | Past | Never |
| 7. Restrictive eating..... | Current | Past | Never |
| 8. Excessive exercising..... | Current | Past | Never |
| 9. Trouble concentrating..... | Current | Past | Never |
| 10. Excessive worrying..... | Current | Past | Never |
| 11. Frequent tearfulness..... | Current | Past | Never |
| 12. Feelings of sadness..... | Current | Past | Never |
| 13. Irritability..... | Current | Past | Never |
| 14. Physical aggression towards others..... | Current | Past | Never |
| 15. Victim of physical aggression..... | Current | Past | Never |
| 16. Use of drugs/alcohol that is excessive..... | Current | Past | Never |
| 17. Use of drugs/alcohol that worries others..... | Current | Past | Never |
| 18. Hearing voices that others do not hear..... | Current | Past | Never |
| 19. Seeing things others do not see..... | Current | Past | Never |
| 20. Suicidal thoughts/attempts..... | Current | Past | Never |
| 21. Self-harm thoughts/actions..... | Current | Past | Never |
| 22. Homicidal thoughts/attempts..... | Current | Past | Never |

Please briefly describe why you are seeking therapy today:

Please list any additional info: _____
